



Winter Newsletter 2019

Friendly greetings to you all on these chillier days. Hope you are all keeping well and warm over the cooler months. We want to acknowledge and pause for a moment to think of those affected by the attacks in Christchurch earlier in the year.

Our news



We celebrated our 5th birthday in May with a lovely Morning tea, yummy Red Velvet cake, Sandwiches, a Hamper prize draw and some giveaways. It was great to see those clients who could make it to celebrate our special milestone. Despite its size the cake seemed to get eaten up.



Tinnitus

Carolyn attended a three-day Tinnitus Masterclass earlier in the year at the University of Auckland and was able to learn the latest techniques to manage this challenging condition. Tinnitus is a ringing in the ears or head which does not come from any external source.



Do you have a hearing loss which is covered by ACC, and wear battery operated hearing aids?

Some of our clients tell us they have forgotten how to get more batteries, or have lost the form. Getting more is quite simple! If you have access to a computer, when you need new batteries, you can order by simply pushing control+click on the following link: <https://icanhear.co.nz/Account/Login>

All you need to know is your ACC claim number and your date of birth and ACC will ship these out to you. If you don't have your ACC number to hand, give us a call on **03 385 6036** as we can help you with this.

What should I do if my hearing aids get wet?

We get a few questions about what you should do if your hearing aids get wet. Here are some tips:



- Dry the outside of the hearing aid as best you can with something very absorbent, like a handee towel
- After drying the outside of the hearing aid, if your hearing aid uses disposable batteries, open the battery door, remove the battery and throw it away
- Bring your hearing aids in to us as soon as possible. We have a machine that can absorb some of the moisture from your hearing aids. However the hearing aids still may need to be sent to the manufacturer for checking over. Keep your hearing aids in a drying container or dry warm place like a hot water cupboard until you can bring your hearing aids in.

Despite your best attentions, a hearing aid that has had exposure to liquids may not be repairable. It might work to begin with, but moisture can start a corrosive process inside the instrument that may only become apparent at a later date. Salt water, oils and lotions are particularly harmful to hearing aids.

Please remember to insure your hearing aids, just in case!

Thank you for taking the time to read our newsletter. Please do not hesitate to contact the clinic if we can help you in any way. If you know of anybody that needs help with their hearing we would be happy to help.

Quote for the month: “Kindness is always in season”



Regards

Carolyn & Jo